

CATHOLIC CHURCH OF THE LITTLE FLOWER

MEN'S EMMAUS RETREAT # 37

"O God, Thou hast made us for Thyself, and our hearts are restless until they find their rest in Thee."— [St. Augustine of Hippo \(The Confessions\)](#)

The Church of the Little Flower Emmaus Community would like to invite you to a weekend getaway of spiritual growth and reflection.

DATE: April 29th - May 1st, 2016 - Friday, Saturday & Sunday

TIME: Retreat begins at 6:00 pm sharp on Friday and ends by 3:30 pm on Sunday.

PLACE: Miami Youth Center Retreat House- 3333 South Miami Avenue, Miami, FL 33133
(Next to LaSalle High School in same entrance as the Shrine of Our Lady of Charity- Ermita de la Caridad)

CLOSING MASS: Sunday, May 8th at 10:30 am (Please arrive by 10:00 am) at:

CHURCH OF THE LITTLE FLOWER

2711 Indian Mound Trail, Coral Gables

This is the formal conclusion of the retreat. Please bring your family and loved ones.

The weekend is meant for you to disconnect from all the distractions and preoccupations of daily life to fully concentrate on God and personal introspection. We shut off our phones, laptops, and tablets and leave behind all the stress and noise of the "outside world" and focus on sharing in community with like-minded men, from all walks of life, as we strive to grow in faith and get closer to the Lord.

You will need the following items:

- Comfortable clothing
- Bath towel
- A pillow, sheets and blanket
- Personal items - deodorant, toothpaste, soap, shampoo, toothbrush, medicines, etc.

All meals will be provided, including dinner Friday night. If you have any special needs or require transportation to the Retreat house, please let us know and we will make all the necessary arrangements (see contact below).

If you have any questions or concerns, please feel free to contact us:
Alejandro Herrera 305-283-2011 or e-mail: atherrera73@gmail.com
Or Jorge Costales 305-951-3299 or e-mail: jorge@costalescpa.com

*****PLEASE KEEP THIS SHEET – SEE MORE INFO ON NEXT PAGE*****

Q. Exactly what is Emmaus?

Emmaus is a passive Catholic weekend retreat designed for men who seek to improve their personal relationship with Christ. Although Emmaus is a Lay Ministry, all our activities are approved of by the Parish. The men of Emmaus who will be serving you during the weekend are regular, non-clergy, members of our Parish. Our experience, and that of many others who have attended the Retreat, is that the Emmaus experience can help make men better husbands, fathers and members of society. The men of Emmaus serving you will not try to convince anyone of any particular belief. We simply seek to share our personal experiences and let you draw your own conclusions.

Q. What does the retreat entail?

You will hear a series of talks by other men concerning their own experiences with the Lord. You will also participate in a series of exercises meant to stimulate personal reflection and spiritual growth. No Retreatant is required to disclose personal information during the weekend.

Q. Who is the retreat for?

The retreat is open to all men, 21-years-old and over, from all walks of life and all stages of religious formation. Although it is a Catholic retreat, and Church teachings are emphasized, it is mostly a Christian retreat, which proposes to nurture and enhance a relationship with Christ. We have had many non-Catholics, who have had very fulfilling experiences.

Q. What are the sleeping arrangements?

Each retreatant will be assigned a room and be placed with a roommate. There are communal showers and bathrooms on the floor.

Q. How do I dress for the weekend?

Casual and comfortable; jeans, shorts, t-shirts, polos, sandals, sneakers, etc. *Also, we suggest bringing a light jacket just in case.

Q. What should I bring?

- Comfortable clothing for 2 days
- Bath towel
- A pillow, sheets and blanket
- Personal effects (deodorant, toothpaste, soap, toothbrush, medicines, etc.)

Q. How much does Emmaus cost?

We request \$125 from those who can afford it to help cover the costs of putting on the Retreat. However, you may attend the retreat even if you are not able to afford the donation. No one should fail to attend the Retreat due to financial reasons

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MEN'S EMMAUS RETREAT # 37
April 29th – May 1st, 2016

REGISTRATION FORM

(WRITE CLEARLY, COMPLETE ALL BLANKS, ATTACH CHECK, AND RETURN AS INDICATED BELOW)

NAME &/OR NICKNAME: _____

ADDRESS: _____

PHONES: (H) _____ (W) _____ (Cell) _____

EMAIL: _____ OCCUPATION: _____

MARITAL STATUS: MARRIED SINGLE DIVORCED ANNULLED WIDOWED

CHURCH AT WHICH REGISTERED (or which you attend): _____

DATE OF BIRTH (mm/dd/yyyy): _____

WHICH SACRAMENTS HAVE YOU RECEIVED IN THE CATHOLIC CHURCH:

BAPTISM COMMUNION CONFIRMATION MATRIMONY NONE

EMERGENCY CONTACT(S): _____

PHONE(S): _____

LIST ANY DISABILITIES OR HEALTH ISSUES THAT MAY REQUIRE SPECIAL ARRANGEMENTS AND/OR DIET: _____

SHIRT SIZE: Medium Large X-Large XX-Large

THE RETREAT IS FOR MEN AT LEAST 21 YEARS OLD. THE SUGGESTED DONATION IS \$125.00 - PLEASE MAKE THE TAX DEDUCTIBLE CHECK PAYABLE TO: CHURCH OF THE LITTLE FLOWER - NOTE 'EMMAUS RETREAT' IN THE MEMO AREA.

YOU MAY RETURN THIS APPLICATION TO THE PERSON THAT INVITED YOU OR MAIL IT TO THE ADDRESS OR EMAIL LISTED BELOW.

INVITED BY: _____

PHONES: (H) _____ (W) _____ (Cell) _____

MAIL THIS REGISTRATION & CHECK TO:

Jorge Costales/ Emmaus Retreat
2611 SW 7th Ave
Miami, FL 33129

CHECK # _____ PROVIDED: YES / NO

FOR INFORMATION OR AN APPLICATION VIA E-MAIL:

atherrera73@gmail.com or jorge@costalescpa.com

*****PLEASE DO NOT RETURN TO PARISH OFFICE*****