



Church of the LITTLE FLOWER

The Light

FEBRUARY 1, 2026

TV SUNDAY IN ORDINARY TIME

TV DOMINGO EN EL
TIEMPO ORDINARIO



PASTOR

Rev. Manuel F. Alvarez

PAROCHIAL VÍCAR

Rev. David Zallocco

PRIESTS IN RESIDENCE

Rev. Juan Escamez
Rev. Francis Gnanasegaram
Rev. Stephen Saawuan
Rev. Fidelis Uko

PERMANENT DEACONS

Deacon Roberto Fleitas
Deacon Miguel Parlade
Deacon Srinath Perera
Deacon Gustavo Roversi

TOGETHER, WORSHIPPING THE LORD, FORMING DISCIPLES, SERVING IN THE NAME OF JESUS
JUNTOS, ADORANDO AL SEÑOR, FORMANDO DISCÍPULOS, SIRVIENDO EN NOMBRE DE JESÚS

MASS SCHEDULE

MONDAY - FRIDAY

Time	Language
6:15 am	English
8:00 am	English
5:30 pm	Español

SATURDAY

Time	Language
8:00 am	English
5:00 pm	English (<i>Saturday Vigil</i>)

SUNDAY

Time	Language
7:30 am	English
9:00 am	English
10:30 am	English
12:30 pm	Español
5:30 pm	English
7:00 pm	Italiano (<i>7th Sunday, Monthly</i>)

WEEKLY CONFESSIONS

Priests are available to hear Confessions every Saturday morning, from 8:30am to 10:00am in the church.



ST. JOSEPH PERPETUAL ADORATION CHAPEL

Visit www.cotlf.org/adoration for more details



CHURCH OF THE LITTLE FLOWER - REILLY PARISH CENTER

Parish Office Hours

Monday - Friday
8:00 am - 12:00 pm
12:30 pm - 4:00 pm

Address

2711 Indian Mound Trail
Coral Gables, FL 33134

Contact

P. (305) 446-9950
F. (305) 482-6183
www.cotlf.org



OFFICE STAFF

Luis Cuza - Ext 308

Director of Music Ministries

Ivonne Davila - Ext 302

Admin. Asst. to the Pastor
Sacramental Records Coordinator

Juan del Sol - Ext 310

Weddings Coordinator
Director of Development

Jorge Santibáñez - Ext 307

Parish Manager

Director of Religious Education

Charlotte Ushela - Ext 304

Parish Secretary / Virtus Coordinator

Nubia Vivas

Custodian

Rene Denis

Maintenance - Commodore Prop. Mgmt

SAIN T THERESA CATHOLIC SCHOOL



School Office Hours

Monday - Friday
7:15 am - 3:15 pm

Address

2701 Indian Mound Trail
Coral Gables, FL 33134

Contact

(305) 446-1738
www.stscg.org

Administered by the Carmelite Sisters of the Most Sacred Heart of Jesus - Sr. Rosalie, Principal

SACRED STEPS | SACRAMENTAL CELEBRATIONS AT COTLF



Welcome to the Catholic Church!
Congratulations to our
newly Baptized:

- Sebastian Sutherland
- Maximiliano Cristobal Zuriarrain
- Luke Alexander Mederos



Congratulations and
God's blessings to our
newly married couples:

- Stephen Alexis Ortiz & Adriana Maria Obeso
- Oscar Aguilar & Madeleine Pollack
- Andrew Brown & Diana Rodriguez



Rest in Peace.
Let us pray for our
recently deceased:

- Caridad Guanche

THE SACRAMENT OF BAPTISM

- Arrangements must be made with the Parish Office at least two (2) months in advance. Visit cotlf.org/baptism for more information.
- Arreglos de bautizos se deben hacer en la oficina por lo menos con dos (2) meses de anticipación. Visitar cotlf.org/baptism para mas información.

THE SACRAMENT OF HOLY MATRIMONY

- Arrangements must be made with the Parish Office at least six (6) months in advance. Visit cotlf.org/weddings for more information.
- Arreglos de bodas se deben hacer en la oficina por lo menos con seis (6) meses de anticipación. Visitar cotlf.org/weddings para mas información.

SIGNS OF OUR STEWARDSHIP

JANUARY 25TH

Attendance:

2,247

In-Church Collection:

\$ 11,114

Online Giving Offertory:

\$ 16,725

Drop-off/Mail-in Offering:

\$ 593

Children's Collection:

\$ 789

Devotional Candles:

\$ 685

Poor Box/Charities:

\$ 375

Thank you for your generosity!

¡Gracias por su generosidad!

Grand Total: \$ 30,281

No Envelopes? No Cash? No Problem!
Give Online Now at OSVHub.com/COTLF



MASS SCHEDULE & INTENTIONS

SUNDAY, FEBRUARY 1ST

IV SUNDAY IN ORDINARY TIME

5:00 pm (Vigil) + For Those Who Passed Away this Month

7:30 am For the Holy Father's Intention

9:00 am For the Health of Olivia Aguiar

10:30 am *Missa Pro Populo* - For All Members of Our Parish Family

12:30 pm Alberto M. Manso

5:30 pm Living and Deceased Members of the Nino Alzate Family

7:00 pm (Italian) + Manlio Vallejo

MONDAY, FEBRUARY 2ND

Feast of the Presentation of the Lord

6:15 am Intentions of the Murdock Family

8:00 am + Maria Uria Bernardo

5:30 pm *Misa Comunitaria*

TUESDAY, FEBRUARY 3RD

Tuesday of Week IV in Ordinary Time / Memorial of St. Blaise, Bishop and Martyr

6:15 am Steffy Pearson's Birthday

8:00 am + Migdalia Diaz

5:30 pm *Misa Comunitaria*

WEDNESDAY, FEBRUARY 4TH

Wednesday of Week IV in Ordinary Time

6:15 am + Michael Mulleady

8:00 am Votive Mass to Saint Joseph

5:30 pm (Vigil) *Misa Comunitaria*

THURSDAY, FEBRUARY 5TH

Memorial of St. Agatha, Virgin and Martyr

6:15 am Mitzy Aguilar

8:00 am + Bruna Ballarati Cepollina

5:30 pm *Misa Comunitaria*

FRIDAY, FEBRUARY 6TH

Memorial of St. Paul Miki and Companions, Martyrs / First Friday

6:15 am + Martha y Manuel Gonzalez

8:00 am For All Parish Benefactors

5:30 pm *Misa Comunitaria*

SATURDAY, FEBRUARY 7TH

Saturday of Week IV in Ordinary Time / First Saturday

8:00 am + Enrique and Eloisa Artze

SUNDAY, FEBRUARY 8TH

V SUNDAY IN ORDINARY TIME

5:00 pm (Vigil) + Alberto y Virtudes Torres de Alba

7:30 am + Ana Hughes

9:00 am + Eneleida Alfonso

10:30 am *Missa Pro Populo* - For All Members of Our Parish Family

12:30 pm Por Las Intenciones de la Familia Walton

5:30 pm + Gaby de Barbieri

7:00 pm (Italian) Celebrated only on First Sundays, Monthly

OUR PARISH MINISTRIES

SUNDAYS

11:30 am Carmel of Elijah (Cafeteria) - *Once Monthly*
1:30 pm Homeless Ministry Service Outing (Varies) - *Once Monthly*

MONDAYS

10:00 am Seekers Bible Study (Morras Conf. Room & Zoom) - *Biweekly*
7:00 pm Adult Bible Study (Zoom)
7:00 pm Talleres de Oracion y Vida (Chapel Conf. Room)
7:30 pm Ejercicios Espirituales de San Ignacio (Morras Conf. Room)
7:30 pm Emaus de Hombres (Reilly Conf. Room)

TUESDAYS

7:45 am That Man is You Men's Group (Comber Hall)
8:30 am Holy Face Devotion (Church)
7:00 pm OCIA Adult Formation Classes (STS Cafeteria)
7:30 pm Legion of Mary (Legion of Mary House)
8:00 pm English Charismatic Prayer (Chapel Conf. Room)

WEDNESDAYS

4:00 & 6:30 pm Religious Education Classes (St. Theresa School)
7:30 pm Women's Emmaus (Reilly Conf. Room)
8:00 pm Communion & Liberation (Chapel Conf. Room)
8:00 pm Oración Carismática en Español (Morras Conf. Room)

THURSDAYS

7:45 am Walking with Purpose Women's Group (Comber Hall)
6:00 pm Amor en Accion (Morras Conf. Room) - *Biweekly*
7:00 pm Knights of Columbus (Comber Hall) - *Once Monthly*
7:00 pm Schola Cantorum / Parish Choir (STS Music Room)
7:00 pm Scouts (Cafeteria)
7:30 pm Men's English Emmaus (Reilly Conf. Room)

FRIDAYS

10:00 am Prayer Shawl Ministry (Reilly Conf. Room) - *3rd Friday*
6:00 pm American Heritage Girls (STS Cafeteria) - *2nd & 4th Friday*
6:30 pm Singles Ministry (STS Cafeteria)
8:00 pm Marriage Covenant (Zoom)

SATURDAYS

7:00 am First Saturday Devotion / Rosary (Church)
9:00 am Baptism Preparation Classes (Reilly Parish Center)

OTHER MINISTRIES

Grieving with Great Hope Bereavement Ministry

Liturgical Ministries (Altar Servers, EMHCs, Lectors, Ushers)

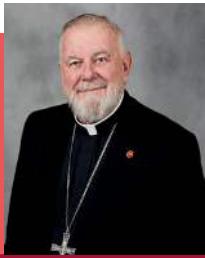
Greyed out ministries are not currently meeting.
Visit www.cotlf.org/ministries for more details about each group.

READINGS FOR THE WEEK

IV Sunday in Ordinary Time

Year A, Missal Pages 300 - 303

Sunday	Zep 2:3; 3:12-13; Ps 146:6-7, 8-9, 9-10; 1 Cor 1:26-31; Mt 5:1-12a
Monday	Mal 3:1-4; Ps 24:7, 8, 9, 10; Heb 2:14-18; Lk 2:22-40 or 2:22-32
Tuesday	2 Sm 18:9-10, 14b, 24-25a, 30; 19:3; Ps 86:1-2, 3-4, 5-6; Mk 5:21-43
Wednesday	2 Sm 24:2, 9-17; Ps 32:1-2, 5, 6, 7; Mk 6:1-6
Thursday	1 Kings 2:1-4, 10-12; 1 Chr 29:10, 11ab, 11d-12a, 12bcd; Mk 6:7-13
Friday	Sir 47:2-11; Ps 18:31, 47 and 50, 51; Mk 6:14-29
Saturday	1 Kings 3:4-13; Ps 119:9, 10, 11, 12, 13, 14; Mk 6:30-34
Sunday	Is 58:7-10; Ps 112:4-5, 6-7, 8-9; 1 Cor 2:1-5; Mt 5:13-16



ARCHBISHOP'S ABCD LETTER

CARTA DEL ABCD DEL ARZOBISPO

My dear Brothers and Sisters,

Life can be noisy and, at times, overwhelming. Yet in the quiet moments of prayer, a still, gentle voice speaks to us—a deep conviction that stirs within and calls us to look beyond ourselves. Each day, we're surrounded by the clamor of the world—its demands, its distractions, its pressures—but even in the midst of it all, God calls us to pause, to listen, and to respond to the quiet prompting within us: to see and serve the needs of others.

Let us come together to bring light where there is darkness, peace where there is conflict, and love where there is need. There is great strength in unity—and when we are united in Christ, we become a powerful force for good in a world longing for hope and healing.

Together, we must do good and seek peace. Together starts with you.

By giving to the Archbishop's Charities and Development Drive, the ABCD, you bring hope to those in greatest need. This is our Church, our mission—to serve with heart and compassion.

The ABCD lives out this mission every day: feeding the hungry, consoling the suffering, embracing the stranger, advocating for justice, and upholding the dignity of the poor with love. The work of our Church in South Florida, through the ABCD, is not merely charitable—it is profoundly sacramental, a visible expression of Christ's love in the world.

As Pope Leo XIV said, "United hand in hand with God... let us go forward. The world needs His light." Let us seek peace, do good, and stand in the light of Christ. Now is the time to come together. Your gift to the ABCD supports a mission that reflects the very heart of the Gospel. Thank you for uniting with me to be One in Faith, One in Hope, and One in Charity. Your faith and generosity bring the Gospel to life. May God bless you and keep you in His peace.

With hope and gratitude,

Mis queridos hermanos y hermanas:

La vida puede ser ruidosa y, en ocasiones, abrumadora. Sin embargo, en los momentos silenciosos de oración, una voz suave y serena nos habla: una profunda convicción que se despierta en nuestro interior y nos llama a mirar más allá de nosotros mismos. Cada día estamos rodeados por el bullicio del mundo sus exigencias, sus distracciones, sus presiones, pero incluso en medio de todo eso, Dios nos llama a hacer una pausa, a escuchar y a responder al suave impulso que sentimos dentro: a ver y servir las necesidades de los demás.

Unámonos para llevar luz donde hay oscuridad, paz donde hay conflicto y amor donde hay necesidad. Hay una gran fortaleza en la unidad y cuando estamos unidos en Cristo, nos convertimos en una poderosa fuerza del bien en un mundo sediento de esperanza y sanación.

Juntos, debemos hacer el bien y buscar la paz. Juntos comienza contigo.

Al contribuir a la Campaña de Caridades y Desarrollo del Arzobispo, el ABCD, llevas esperanza a quienes más lo necesitan. Esta es nuestra Iglesia, nuestra misión: servir con corazón y compasión.

El ABCD vive esta misión cada día: alimentando al hambriento, consolando al que sufre, acogiendo al forastero, abogando por la justicia y defendiendo con amor la dignidad de los pobres. La labor de nuestra Iglesia en el sur de la Florida, a través del ABCD, no es simplemente caritativa es profundamente sacramental, una expresión visible del amor de Cristo en el mundo.

Como dijo el Papa León XIV: "Unidos de la mano de Dios... vamos a seguir adelante. El mundo necesita Su luz." Busquemos la paz, hagamos el bien y permanezcamos en la luz de Cristo.

Ahora es el momento de unirnos. Tu donación al ABCD apoya una misión que refleja el corazón mismo del Evangelio.

Gracias por unirte a mí para ser Uno en la Fe, Uno en la Esperanza y Uno en la Caridad. Tu fe y generosidad dan vida al Evangelio. Que Dios te bendiga y te mantenga en Su paz.

Con esperanza y gratitud,

TOGETHER

Do good, seek peace

(Psalm 34:15)

Blessed are the peacemakers, for they will be called the children of God. (Matthew 5:9)



2026 ABCD

ARCHBISHOP'S CHARITIES & DEVELOPMENT DRIVE



www.isupportabcd.org • #GIVECATHOLIC • PLEASE MAKE A GIFT NOW

SPECIAL PRAYER INTENTION • (786) 796-2366

LET US COME TOGETHER TO BRING...

UNAMOS NUESTRAS FUERZAS PARA TRAER... • SE POU NOU REYINI ANSAM...

LIGHT WHERE THERE IS DARKNESS



DISCIPLES IN FAITH

DISCIPULOS EN LA FE
DISIP NAN LAFWA

LUZ DONDE
HAY OSCURIDAD

LIMYÈ KOTE
KI GEN FÈNWÀ

PEACE WHERE THERE IS CONFLICT



MISSIONARIES OF HOPE

MISIONEROS DE LA ESPERANZA
MISYONÈ NAN ESPWA

PAZ DONDE
HAY CONFLICTO

LAPE KOTE
KI GEN KONFLI

LOVE WHERE THERE IS NEED



SERVANTS FOR CHARITY

SIERVOS POR LA CARIDAD
SÈVITÈ POU CHARITE

AMOR DONDE
HAY NECESIDAD

LANMOU KOTE
KI GEN BEZWEN

Thank You FOR YOUR SUPPORT

ONE IN FAITH

UNO EN LA FE • YON SEL NAN LAFWA

61 seminarians studying to become priests with 8 being ordained this year, 214 priests, 251 religious sisters & brothers, and 138 permanent deacons serving in the Archdiocese 109 parishes and missions & 65 Catholic schools 2 priests completed their canon law degrees to begin service in Tribunal

61 seminaristas que estudian para ser sacerdotes con 8 siendo ordenados este año, 214 sacerdotes, 251 hermanas y hermanos religiosos y 138 diáconos sirviendo permanentemente en la Arquidiócesis 109 parroquias y misiones & 65 escuelas Católicas 2 sacerdotes completaron sus estudios de derecho canónico para servir en el Tribunal

61 seminaris k ap etidyé pou yo vin prèt 8 ap òdone ane sa a, 214 prèt, 251 sè relijye ak frè, ak 138 dyak pèmanan k ap sèvi nan Achidyozèz la 109 pawas ak misyon & 65 lekòl Katolik 2 prèt te fini etid yo nan dwa kanonik pou yo te ka sèvi nan Tribunal la

ONE IN HOPE

UNO EN LA ESPERANZA • YON SEL NAN LESPWA

9,496 baptisms and 9,113 first communions 50,329 children in our Catholic schools and religious education programs, 8,986 persons served by programs of Catholic Charities and 7,138 visits provided to pregnant moms and dads at Respect Life Pregnancy help centers

9,496 bautizos y 9,113 primeras comuniones 50,329 niños en nuestras escuelas Católicas y programas de educación religiosa, 8,986 personas servidas a través de programas de Caridades Católicas y 7,138 visitas a mamás embarazadas y papás en los centros de Respeto a la Vida

9,496 batèm ak 9,113 premye kominyon 50,329 ttimoun nan lekòl Katolik ak pwogram edikasyon relijye nou yo, 8,986 moun ki sèvi pa pwogram oganizasyon Charitat Katolik yo ak 7,138 vizit yo bay manman assent ak papa yo nan sant èd pou gwozès Respè Lavi Yo

ONE IN CHARITY

UNO EN LA CARIDAD • YON SEL NAN LACHARITE

2,946 low-income seniors served by housing programs 42,169 visits were provided by Catholic Legal Services 6,536 persons assisted by Catholic Health Services facilities and 7,762 patients received end of life care from Catholic Hospice

2,946 personas de la tercera edad de bajos recursos se beneficiaron de los programas de vivienda

42,169 visitas fueron proporcionadas

6,536 personas se beneficiaron con los Servicios Católicos de Salud 7,762 pacientes recibieron cuidados paliativos del Hospicio Católico

2,946 elèv ki gen revni fèb ki sèvi nan pwogram lojman 42,169 sèvis legal katolik te bay vizitpou 6,536 moun ki te ede pa sèvis sante katolikque 7,762 Pasyon yo te resevwa swen paliatif nan men Ospis Katolik la

WOMEN'S EMMAUS RETREAT

February 20 - 22, 2026

The Women's Emmaus Ministry warmly invites you to join us for our next retreat. Enjoy a weekend brimming with joy, hope, and renewal. Connect with new friends and deepen your relationship with God in a serene and loving environment. You will be pampered, cherished, and surrounded by love every step of the way. Don't miss this opportunity to rejuvenate your spirit and experience a beautiful transformation. Come to our Emmaus retreat and find a renewed sense of purpose and peace.

Scan the QR Code to Register!

Registration is \$200.00 per person
and includes room, meals and program.



For more information, please contact:

Estibaliz Diez, Estibalizdiez@hotmail.com, (786) 973-4250
Lizzeett Sobalvarro at lizzeetts@bellsouth.net, 305-726-7650

MARRIAGE COVENANT RETREAT

March 13 - 15, 2026 • Comber Hall

The Marriage Covenant a weekend retreat where you and your spouse can pause from daily life and reflect upon the importance of marriage.

*How we can make life happier for ourselves and for our families?
What role does God play in our everyday lives? The retreat weekend
is guaranteed to be an unforgettable experience!*

The retreat registration fee is \$150 per couple and is considered a non-refundable donation. All meals, materials, and the use of parish facilities are included in the fee. Scholarships are available for those who may have difficulty paying. Please let us know if assistance is needed.

For more information, please contact:

Jorge & Lissette Riera
drlisetteriera@gmail.com, 786-258-2037



TALLERES DE ORACION Y VIDA - UNA NUEVA EVANGELIZACION

¿Quieres sanar esas angustias, temores, sufrimientos, ansiedades?

¿Como esta verdaderamente tu relación con Dios?

Te invitamos a participar en un Taller de Oracion y Vida, a traves del cual vivirás un encuentro profundo con Dios, en la Meditación de la Palabra y en el arte de Orar con un caracter experimental y practico.

Es gratuito!

Ven a vivir esta experiencia transformadora que te ayudara a sentir y vivir en el Amor, el Perdon, la Paz, y la Felicidad.

Inicio: Lunes, 9 de Febrero 2026

Horario: 7:00pm – 9:00pm.

Duración: 15 Semanas Consecutivas (1 vez por semana)

Lugar: Oficina Parroquial, Salon de Conferencia de la Capilla

El Taller sera impartido en Espanol. Trae tu Biblia y un cuaderno de notas.

Información para inscribirse: Yadilka 786-210-9024



TMIY
THAT MAN IS YOU!

Register Today!
TMIY Starts Soon

THE FIGHT OF FAITH

THAT MAN IS YOU!

Join us for the Spring Semester of THAT MAN IS YOU!, as we continue our journey with this year's theme, The Fight of Faith.

The Fight of Faith equips and enables men to engage in the cosmic, spiritual battle raging in our day. Biblical identities will emerge to inspire heroic lives of service to a calling greater than ourselves. Uncover the ultimate truth that sheds light on all things: God's own identity. Fight the good fight of faith to win an imperishable crown of glory. All men are invited to join us for food, fellowship and faith starting on Tuesday, Jan 20th at 7:30am in Comber Hall.

For more information, please contact John St. George at (803) 237-1002 or jhn.st.george@gmail.com



COTLF IS HIRING!

Church of the Little Flower is seeking to hire both a full-time Parish Finance Manager and a full-time Receptionist.

Candidates will perform all duties and responsibilities in alignment with the mission, vision, and values of the Archdiocese of Miami and COTLF.



Scan to view Job Description and to apply:



Raise a glass to our parish centennial at the 2026 Cork & Fork – A Centennial Culinary Celebration on Friday, February 6th from 7:00pm – Midnight.

Support the event and the Centennial Campaign by purchasing individual tickets, securing an event sponsorship, placing bids on our silent auction, or by making a general donation. Participants must be 21 or older to attend.

cork & fork
ST THERESA FOOD AND WINE FEST
a centennial culinary celebration
Proudly Presented by **JOHN BELL** CONSTRUCTION

Learn more about Cork & Fork and buy tickets now at
<https://go.rallyup.com/corkandfork>





HOMELESS MINISTRY JAN/FEB COLLECTION

We would like to take this opportunity to invite you to participate in our ministry's January/February 2026 Parish Collection & Donation Drive benefiting the Missionaries of Charity shelter in Miami.

We will be collecting the following items:

Canned & Dry Non-Perishable Foods: Large canned items ideally from Gordon Food Service that could be used to stock up the Missionaries of Charity's kitchen pantry. They feed hundreds of homeless a day through their kitchen located in the shelter. Desired donations include large cans of tomato sauces, pastas, rice bags, green beans, corn and other canned vegetables.

They also need iced tea powder, small sugar packets and instant coffee.

Cleaning Supplies: kitchen dish soap, degreaser, Clorox/bleach, disinfectant spray, hand sanitizer.

All items can be dropped off ONLY during the following masses at the COTLF Homeless Ministry Donation Collection Area that will be set up at the entrance of the church:

Saturday, Jan 31 (Evening Mass) Sunday, Feb 1 (All Sunday Masses)

For more information please email: homelessministrycotlf@gmail.com

CANDLEMAS AND THE BLESSING OF THROATS

February 2nd is the Feast of the Presentation of the Lord, also celebrated as "Candlemas," the Feast of Light and Hope. Candlemas is an ancient feast that has developed over the centuries. The liturgy focuses on the meeting of Christ with the elderly Simeon. With Simeon we rest our hope in the Lord. The Gospel includes the beautiful Canticle of Simeon, Nunc Dimittis, which is said at the Church's Night Prayer: Lord, now you let your servant go in peace; your word has been fulfilled: my own eyes have seen the salvation which you have prepared in the sight of every people: a light to reveal you to the nations and the glory of your people Israel.

This the last feast of the liturgical calendar that we commemorate Christ still as an infant child but it is also clearly connected to the upcoming Lenten and Easter seasons. Mary and Joseph offering Jesus to God is the beginning of His earthly ministry for His Heavenly Father. This is the first of Our Lady's Seven Sorrows, and a foreshadowing of the Cross. Even the popular name Candlemas hints at the "light to reveal you to the nations" that we celebrate at Easter with the blessing and procession of the Paschal Candle.

Parishioners are invited to bring candles to all Masses on February 2nd to be blessed for religious use in the home. We will also be blessing the candles which will be used for the Blessing of Throats at all Masses on February 3rd, the Memorial of St. Blaise.



February 3rd is the Memorial of St. Blaise, a 4th Century Bishop who was martyred for his faith in Jesus Christ. According to tradition, St. Blaise is most well-known for the miraculous healing of a boy who was choking to death from a fish bone that had become lodged in his throat. St. Blaise prayed over the boy and he was healed. Over the centuries, a tradition developed within the church for the faithful to have their throats blessed on this day in which we celebrate St. Blaise. The priest, holding two blessed candles in the form of an X, usually tied with a red ribbon to represent the blood of the martyrs, touches the candles to each side of the person's neck and prays:

"Through the intercession of Saint Blaise, bishop and martyr, may God deliver you from ailments of the throat and from every other evil. In the name of the Father, and of the Son, and of the Holy Spirit. Amen."

The annual blessing of throats will take place following all Masses on Wednesday, February 3rd, 2026.



Catholic Kids



Bulletin

February 1, 2026
Ordinary Time
Color: Green

BOBLESSEDPJAREITHEIWJCIS

BOWISOTHEIRSPWKZ
Blessed are the
poor in spirit;
the kingdom of
heaven is
theirs!

OPPOROINWKSPIRITU

PWTHECKINGDOMPOFIHEAVEN

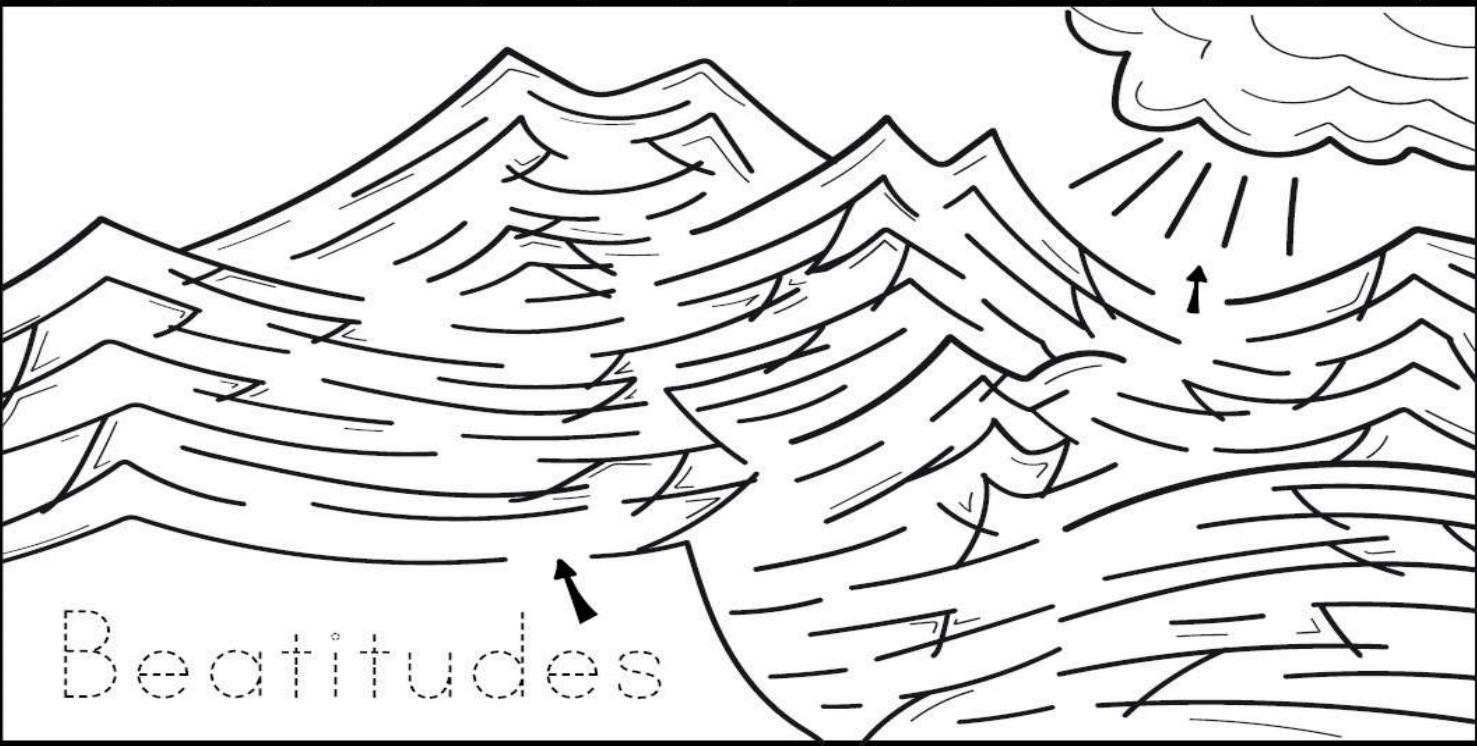


There is a special Mass on February
3rd to celebrate Saint Blaise.
You can receive a blessing for your
throat in honor of Saint Blaise.



A little boy was
choking on a fish
bone. Saint
Blaise prayed,
and the bone
popped out of
his throat! This
is why he became
the patron saint
of throats.

Saint Blaise went
into the woods
and saw a group
of sick animals.
He was brave
enough to help
them, so he
became the
patron saint of
wild animals.



Jesus went up a mountain and talked to the people about heaven.

His words are called the Beatitudes.

The Beatitudes tell us how to live with love and kindness.



OUR LADY OF MERCY CATHOLIC CEMETERY

11411 NW 25th Street
Miami, FL 33172
(305) 592 - 0521



Catholic Cemeteries
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Keeping Faith and Traditions

SOUTH MIAMI DERMATOLOGY
Georgette Rodriguez-Vazquez, MD
Board-Certified Dermatologist

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Miami, FL 33143

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Text (786) 951-2460
info@southmiamidermatology.com
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alessandro@dsalawgroup.com

Alessandro Diaz, Esq.
Attorney at Law

**Every goodbye
deserves meaning**

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